

## FAQ

### **1. What does a typical night look like at a soulCARE group?**

Generally speaking, our soulCARE groups will begin with a brief time of teaching. Some of the classes will have live teaching and others will be video-driven. After this time, we will spend time in smaller groups where we have the opportunity to discuss what we've heard taught or what we've read during the week. Most groups will end with a time of prayer and often an opportunity to connect with an accountability partner.

### **2. Will I be forced to talk?**

Absolutely not. Each of the groups will provide ample opportunity for you to join in discussion or to share anything else you would like. However, there will not be any type of forced confession or coerced sharing.

### **3. What about confidentiality?**

Each soulCARE group is committed to provide a safe and structured environment. A major part of that will be a commitment by all members to treat each night with the utmost of confidentiality. On the first night of groups, it's very common to review the ground rules for how each group will work.

### **4. What if I don't have an addiction?**

All of us have areas in our life where we can grow and change. We may not be struggling with a life-controlling addiction, but the need for help or healing or hope is real in all of us. For example, our *DivorceCare* group exists to support and encourage those who have experienced or are experiencing the impact of divorce. The *Journey to Freedom* group is less about specific issues and more about the process of how we change. *Alcoholics Anonymous* and *HopeKeepers* are groups specifically addressing certain areas and issues.

### **5. Why is there a fee for this group?**

The minimal fee for each group covers the cost of materials. Most of our groups will have a book or workbook that the fee covers. Additional handouts and other resources are also covered by your registration fee.

### **6. Are scholarships available?**

Absolutely. If you need help with any offering at Fellowship, we want to know. Just let any of the pastoral staff know and we will take it from there.

### **7. Where can I get more specific information on each group?**

We have listed the start dates of each group below. For a thorough description of each group, please visit the web at [www.fellowshipjackson.com/soulCARE](http://www.fellowshipjackson.com/soulCARE).